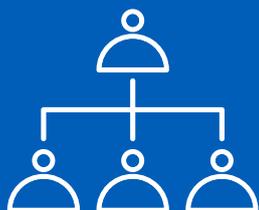# Stop the spread of Coronavirus

## COVID-19 Vaccinations

### Who will receive the vaccine first?

The priority groups for the COVID-19 vaccine are set nationally.
People aged over 70, frontline health and social care workers, care home residents and workers, and people who are clinically extremely vulnerable due to health reasons will receive the vaccine first.

### Will the vaccine protect me?

The vaccine will reduce your chance of developing COVID-19 around 2-3 weeks after you receive your first dose. It's important you get your second dose within 12 weeks to receive the full benefit of the vaccine.
Some people may still get COVID-19, but it should be much less severe.

### Is the vaccine safe?

The vaccine is safe. The NHS will not offer any COVID-19 vaccinations to the public unless independent experts have said it is safe to do so. The vaccines have been tested on tens of thousands of volunteers from all over the world. Funding and scientific resources allowed all of the usual steps for testing vaccines to be done more quickly than usual.

### What are the common side effects?

After your vaccine you may feel tenderness in the arm where you got your injection. You may also feel tired, have a headache, or feel like you have a mild case of the flu. These symptoms normally last only a few days. No significant side effects were observed in tens of thousands of people involved in the vaccine trials.

### Can I have the vaccine if I don't eat meat or am vegan?

Neither of the COVID-19 vaccinations the NHS uses contains any animal product. This means that you can have the vaccine if you are vegan or vegetarian, or if you do not eat specific meat.

Find out more about the COVID-19 vaccination programme in Cambridgeshire and Peterborough via www.cambridgeshireandpeterboroughccg.nhs.uk.